Bhujbal Knowledge City MET's Institute of Pharmacy Working Women Cell

## **Report of Guest lecture for Working Women Cell**

MET IOP constituted a Working Women Cell (WWC) for guiding and motivating working woman in their professional endeavor. On inaugural note a guest lecture was organized on the topic of "Professional Upliftment of Working Women" by Dr. Vandana Patravale (Professor, UICT, Mumbai). Professor Nilima Thombre has introduced the guest speaker Dr. Vandana Patravale by addressing her achievements in the form of different awards, research grants, research publications and patents. Green welcome and felicitation of Dr.Vandana Patravale was carried out by Principal of MET's Institute of Pharmacy; Dr. Sanjay J. Kshirsagar.

Dr.Vandana conducted first session for Working Women Cell under the title Professional Upfillment of Working Women in which she explained various key parameters; especially how a working woman can balance the Professional and Family life. She had suggested meditation, Yoga, Healthy eating habits etc to relieve the stress induced in daily routine life. She had also mentioned the quotes on positive thinking, inspirational books and different success stories of renowned ladies in different fields in her presentation.

She won the hearts of all audience with her special and typical way of interaction and at the same time informed about various strategies to relieve stress and to manage the time for different activities. General speech given by Dr Vandana was very informative for all teaching and non teaching ladies staff of different Institutes of campus.

In afternoon session, Dr. Vandana guided Pharmacy teaching staff on research funding. She guided the staff on various funding agencies and opportunities for research grants. She had explained various funding agencies for faculty, research students and post doctoral opportunities and also given the procedure to apply for different travel grants, scholarship and fellowship registration. She had focused on Indo-foreign grants as well as special grants for Women research fellows. She had also explained different Industry Translation, Incubation centres and incubation grants.

The session was concluded with question answer session.

The overall session was coordinated by Dr. Nilima Thombre.



Felicitation of Dr. Vandana Patravale by Dr. S. J. Kshirsagar



Dr. Vandana Patravale Addressing Working Women Cell



Dr Sanjay J Kshirsagar

Dr. Nilima Thombre

Mrs Sapana P Ahirrao